



Satuan Acara Pengajaran

PHK2602151 - Kesehatan Kerja

Pengajar

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Tujuan Perkuliahan

Pada akhir pembelajaran ini, apabila dihadapkan pada suatu lapangan pekerjaan mahasiswa mampu menganalisis dan menerapkan konsep dasar keilmuan Kesehatan Kerja dalam rangka menelaah profil kesehatan kerjanya (workers' health akibat faktor risiko kesehatan yaitu pajanan bahaya di tempat kerja termasuk kondisi kesehatan fisik, mental serta perilaku pekerja sendiri dan/atau lingkungan di sekitar dirinya) secara etis dan profesional.

Minggu 1

Materi	Konsep Dasar Keilmuan Kesja ? Konsep pekerja sehat dan fit to work ? Konsep bahaya dan risiko kesehatan dalam sistem kerja ? Konsep sistem kerja dan organisasi yang berhubungan dengan K3 Penjelasan mengenai mekanisme perkuliahan - Ruang lingkup perkuliahan (BPKM) - Referensi - Tugas - Sistem penilaian
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Media	LCD
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- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. HASPA. OHS Body of Knowledge, Global Concept: Health. Victorial, Australia: Safety Institute of Australia Ltd; 2012.
 3. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
 4. Rantanen J. Basic occupational health services. ILO/WHO. 2005
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Aktivitas Kuliah interaktif dan pembuatan soal di akhir sesi

Minggu 2

Materi Konsep Dasar Keilmuan Kesja
­- Definisi Kesja (Aspek keilmuan & aplikasi)
­- Sejarah dan current issues Kesja

Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. HASPA. OHS Body of Knowledge, Global Concept: Health. Victorial, Australia: Safety Institute of Australia Ltd; 2012.
 3. Levy BS dan Wegman DH, editor. Occupational Health. 4th ed. Phipladelphia: Lippincott Williams & Eilkins; 2000.
 4. Rantanen J. Basic occupational health services. ILO/WHO. 2005
 5. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
 6. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
 7. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009
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Aktivitas

Minggu 3

Materi Konsep Dasar Keilmuan Kesja
­- Hubungan Kesja dan Kesmas
­- Kesja bagian dari Ilmu K3

Media LCD

Referensi

1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
2. HASPA. OHS Body of Knowledge, Global Concept: Health. Victorial, Australia: Safety Institute of Australia Ltd; 2012.
3. Levy BS dan Wegman DH, editor. Occupational Health. 4th ed. Phipladelphia: Lippincott Williams & Eilkins; 2000.
4. Rantanen J. Basic occupational health services. ILO/WHO. 2005
5. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
6. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
7. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009

Aktivitas Kuliah interaktif

Minggu 4

Materi Profil Kesehatan Kerja
 - Hazard kesehatan di tempat kerja
 - Pengumpulan data HIRADC
 - Diskusi kelompok

Media LCD

Referensi

1. Burton J. WHO healthy workplace framework and model: Background and supprting literature and practices. Geneve: WHO; 2010
2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
3. Kurniawidjaja LM. Promosi kesehatan pekerja: teori dan aplikasi. Jakarta: UI Press; 2016. (Printing).
4. Levy BS dan Wegman DH, editor. Occupational Health. 4th ed. Phipladelphia: Lippincott Williams & Eilkins; 2000.
5. Rantanen J. Basic occupational health services. ILO/WHO. 2005

Aktivitas Kuliah interaktif dan diskusi kelompok

Minggu 5

Materi Profil Kesehatan Kerja
 - Definisi sehat & determinannya
 - Kesehatan Pekerja
 - Konsep tempat kerja yang sehat (healthy workplace)

Media LCD

- Referensi**
1. Burton J. WHO healthy workplace framework and model: Background and supporting literature and practices. Geneva: WHO; 2010.
 2. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 3. Rantanen J. Basic occupational health services. ILO/WHO. 2005
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Aktivitas Kuliah interaktif

Minggu 6

- Materi**
- Profil Kesehatan Kerja
- Konsep manajemen risiko kesehatan (multidisiplin) dalam aplikasi Kesja
 - Konsep pencegahan gangguan kesehatan dan best practice (Model 5-5)
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Media LCD

- Referensi**
1. Burton J. WHO healthy workplace framework and model: Background and supporting literature and practices. Geneva: WHO; 2010.
 2. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 3. Rantanen J. Basic occupational health services. ILO/WHO. 2005
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Aktivitas Kuliah interaktif

Minggu 7

- Materi**
- Profil Kesehatan Kerja
- Menjelaskan kelembagaan dan profesi Kesja
 - Peraturan perundangan Kesja
 - Etika Kesja (nasional dan internasional)
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Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012
 3. Rantanen J. Basic occupational health services. ILO/WHO. 2005
 4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
 5. Yanri Z. Himpunan Peraturan Perundangan Kesehatan Kerja. Jakarta: Lembaga ASEAN OSHNET Indonesia; 2005.
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Aktivitas Kuliah interaktif

Minggu 8

Materi Ujian Tengah Semester

Media LCD

Referensi

Aktivitas Pengumpulan tugas dan presentasi Profil Kesehatan Kerja

Minggu 9

Materi Profil kesehatan kerja di sektor konstruksi/bangunan
- Profil kesehatan pekerja, akibat pajanan hazard major
- Pekerja rentan (genetik, gizi, status kesehatan, usia, perilaku dll.) dan SEG
- Upaya pencegahan dan pengendalian yang ada, masalahnya & saran perbaikan

Media LCD

Referensi

1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
3. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
5. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
6. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009

Aktivitas

Minggu 10

Materi Profil kesehatan kerja di sektor migas, pertambangan, penggalian

Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
 3. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
 4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
 5. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
 6. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009
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Aktivitas Presentasi

Minggu 11

Materi Profil kesehatan kerja di sektor manufaktur

Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
 3. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
 4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
 5. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
 6. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009
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Aktivitas Presentasi kelompok

Minggu 12

Materi Profil kesehatan kerja di sektor pertanian, perikanan, peternakan, kehutanan

Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
 3. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
 4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
 5. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
 6. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009
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Aktivitas Presentasi kelompok

Minggu 13

Materi Profil kesehatan kerja di sektor kesehatan, perkantoran, jasa lainnya

Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
 3. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
 4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
 5. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
 6. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009
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Aktivitas Presentasi kelompok

Minggu 14

Materi Profil kesehatan kerja di sektor transportasi udara, laut, darat

Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
 3. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
 4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
 5. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
 6. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009
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Aktivitas Presentasi kelompok

Minggu 15

Materi Profil kesehatan kerja pada pekerja rentan, PSK, SPG, TKI, migran, ojek, fotokopi, tukang las, dan pekerja di sektor informal lainnya

Media LCD

- Referensi**
1. International Commission on Occupational Health. International code of ethics for occupational health professionals. ICOH; 2002.
 2. Kurniawidjaja LM. Teori dan aplikasi kesehatan kerja. Cetakan ke-3. Jakarta: UI-PRESS; 2012.
 3. WHO. Occupational Health. A manual for primary health care workers. Cairo: WHO; 2001.
 4. Stellman JM, editor. Encyclopedia of occupational health and safety. 4th ed. Geneva: ILO; 1998.
 5. Taylor G, Easter K, Hegney R. Enhancing occupational safety and health. Burlington: Elsevier; 2004.
 6. Healey BP & Kenneth TW. Introduction to Occupational Health in Public Health Practice. San Fransisco: Jossey Bass; 2009
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Aktivitas Presentasi kelompok

Minggu 16

Materi Ujian Akhir Semester

Media SCELE

Referensi
