



Satuan Acara Pengajaran

NSKJ805001 - Ilmu Keperawatan Kesehatan Jiwa

Pengajar

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Prof. Dr. Budi Anna Keliat S.Kp., M.AppSc

Dr. Mustikasari S.Kp., MARS.

Tujuan Perkuliahan

Setelah menyelesaikan mata kuliah ini, mahasiswa mampu mengembangkan pengetahuan, teknologi, dan atau seni dalam bidang Keperawatan Jiwa sesuai proyeksi kebutuhan sistem klien (individu, keluarga, komunitas, dan masyarakat) (C6)

Minggu 1

Materi

1. Penjelasan BPKM
2. Topik 1: Landasan teoritis dan model konseptual secara umum dan khusus untuk kesehatan/ keperawatan jiwa dalam kaidah etik keperawatan

Metode:
CL: Focus Group 1

Media

1. LCD
2. Laptop

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Menyimak penjelasan koordinator mata ajar
 2. Mengisi borang 1
 2. Membuat LTM

Minggu 2

Materi CL: Focus Group 2 untuk topik 1

Media

- 1.LCD
2. Laptop

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Mahasiswa mengumpulkan LTM
 2. Diskusi kelompok FG 2
-

Minggu 3

Materi CL: HG untuk topik 1

Media

1. LCD
2. Laptop

Referensi

Arnold, E.C & Boggs, K.U. (2016). *Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition)*. Elsevier : Missouri

Boyd, C & Dare, J. (2014). *Communication Skills for Nurses*. Wiley Blackwell : West Sussex

Keliat, etl. (2011). *Community Mental Health Nursing ; Basic Course (2ndEdition)*. EGC : Jakarta.

Keliat, etl. (2011). *Community Mental Health Nursing ; Intermediet Course (2nd Edition)*. EGC : Jakarta.

Nies, M.A.& McEwen, M. (2007). *Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion)* .Mosby: Missouri

Rankin, S.H. & Stallings, K.D. (2001). *Patient education: Principles &practice(4th Edition)*. Lippincott Williams & Wilkins : Philadelphia

Stuart, G. W. (2013). *Principles and practice of psychiatric nursing. (10th Edition)*.St Louis: Mosby.

Townsend, C.M. (2010). *Essentials of psychiatric mental health nursing. (8th Edition.)*. Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Diskusi kelompok Home Group
 2. Diskusi pembuatan makalah kelompok
 4. Menyusun makalah kelompok hasil hom group
-

Minggu 4

Materi Presentasi dan pemantapan materi topik 1

Media

1. LCD
2. Laptop

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
-

- Aktivitas**
1. Presetasi kelompok
 2. Diskusi
 3. Pemberian materi oleh pakar
 4. Tanya jawab
-

Minggu 5

Materi Topik 2: Aplikasi konsep stres, coping dan adaptasi
CL: focus group 1

- Media**
1. LCD
 2. Laptop
-

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Mengisi borang 2
 2. Diskusi
 3. pencarian literatur
 4. Membuat lembar tugas mandiri
-

Minggu 6

Materi CL: focus group 2 tentang topik 2

Media

1. LCD
2. Laptop

Referensi

Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri

Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex

Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.

Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.

Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri

Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia

Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.

Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Diskusi LTM
 2. Menyusun tugas kelompok
 3. Diskusi pembuatan makalah
-

Minggu 7

Materi CL: Home group topik 2

Media

1. LCD
2. Laptop

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Diskusi makalah
 2. Menyusun makalah
 3. Membuat presentasi
-

Minggu 8

Materi Presentasi dan pemantapan topik 2

- Media**
1. LCD
 2. Laptop
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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
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- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Presentasi mahasiswa
 2. Diskusi
 3. Pemantapan dari narasumber
 4. Tanya jawab
-

Minggu 9

Materi Penyusunan studi kasus melalui pendekatan penelitian
- tema, introduction, permasalahan

- Media**
1. Buku referensi
 2. Journal
 3. LCD
 4. Laptop
 5. Kasus
-

Referensi

Arnold, E.C & Boggs, K.U. (2016). *Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition)*. Elsevier : Missouri

Boyd, C & Dare, J. (2014). *Communication Skills for Nurses*. Wiley Blackwell : West Sussex

Keliat, etl. (2011). *Community Mental Health Nursing ; Basic Course (2ndEdition)*. EGC : Jakarta.

Keliat, etl. (2011). *Community Mental Health Nursing ; Intermediet Course (2nd Edition)*. EGC : Jakarta.

Nies, M.A.& McEwen, M. (2007). *Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion)* .Mosby: Missouri

Rankin, S.H. & Stallings, K.D. (2001). *Patient education: Principles &practice(4th Edition)*. Lippincott Williams & Wilkins : Philadelphia

Stuart, G. W. (2013). *Principles and practice of psychiatric nursing. (10th Edition)*.St Louis: Mosby.

Townsend, C.M. (2010). *Essentials of psychiatric mental health nursing. (8th Edition.)*. Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Mahasiswa memilih kasus
 2. Mahasiswa mencari bukti dan fakta
 3. menyusun tema studi kasus
 4. menyusun latar belakang yang mendasari kasus
 5. menyusun rumusan masalah
-

Minggu 10

Materi penyusunan studi kasus melalui pendekatan penelitian: Literature review

Media	<ol style="list-style-type: none"> 1. Buku referensi 2. Journal 3. LCD 4. Laptop 5. Kasus
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Referensi	<p>Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri</p> <p>Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex</p> <p>Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.</p> <p>Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.</p> <p>Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri</p> <p>Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia</p> <p>Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.</p> <p>Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.</p>
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Aktivitas	<ol style="list-style-type: none"> 1. Mahasiswa melanjutkan dari pertemuan ke 9 2. menyusun studi kepustakaan berdasarkan kasus
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Minggu 11

Materi	Analisa studi kasus dan pembahasan sesuai dengan referensi jurnal nasional dan jurnal internasional
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Media	<ol style="list-style-type: none"> 1. Kasus 2. LCD 3. Laptop
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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
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- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Menyusun pembahasan sesuai dengan literature review dan hasil analisa kasus
 2. Menyusun dalam bentuk makalah

Minggu 12

Materi Simpulan dan saran dari kasus

- Media**
1. Kasus
 2. LCD
 3. Laptop

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Menyusun simpulan dari hasil dan pembahasan
 2. Membuat saran yang lebih aplikatif dan operasional
 3. membuat makalah
 4. membuat presentasi
-

Minggu 13

Materi Presentasi studi kasus

Media

1. LCD
2. Laptop

Referensi

Arnold, E.C & Boggs, K.U. (2016). *Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition)*. Elsevier : Missouri

Boyd, C & Dare, J. (2014). *Communication Skills for Nurses*. Wiley Blackwell : West Sussex

Keliat, etl. (2011). *Community Mental Health Nursing ; Basic Course (2ndEdition)*. EGC : Jakarta.

Keliat, etl. (2011). *Community Mental Health Nursing ; Intermediet Course (2nd Edition)*. EGC : Jakarta.

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Rankin, S.H. & Stallings, K.D. (2001). *Patient education: Principles &practice(4th Edition)*. Lippincott Williams & Wilkins : Philadelphia

Stuart, G. W. (2013). *Principles and practice of psychiatric nursing. (10th Edition)*.St Louis: Mosby.

Townsend, C.M. (2010). *Essentials of psychiatric mental health nursing. (8th Edition.)*. Philadelphia: F.A. Davis Company.

Aktivitas

1. Presetasi makalah
2. Diskusi

Minggu 14

Materi Presetasi studi kasus

Media

1. LCD
2. Laptop

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
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- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
-

- Aktivitas**
1. Presentasi makalah
 2. Diskusi
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Minggu 15

Materi Evaluasi mata ajar

Media formulir evaluasi mata ajar

- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
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- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
-

- Aktivitas**
1. Penyampaian hasil evaluasi mata ajar
 2. Diskusi
 3. Penyelesaian masalah
-