



# Satuan Acara Pengajaran

NSKJ805001 - Ilmu Keperawatan Kesehatan Jiwa

Pengajar

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*Prof. Dr. Budi Anna Keliat S.Kp., M.AppSc*

*Dr. Mustikasari S.Kp., MARS.*

## Tujuan Perkuliahan

Setelah menyelesaikan mata kuliah ini, mahasiswa mampu mengembangkan pengetahuan, teknologi, dan atau seni dalam bidang Keperawatan Jiwa sesuai proyeksi kebutuhan sistem klien (individu, keluarga, komunitas, dan masyarakat) (C6)

## Minggu 1

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**Materi**

1. Penjelasan BPKM
2. Topik 1: Landasan teoritis dan model konseptual secara umum dan khusus untuk kesehatan/ keperawatan jiwa dalam kaidah etik keperawatan

Metode:

CL: Focus Group 1

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**Media**

1. LCD
2. Laptop

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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Menyimak penjelasan koordinator mata ajar
  2. Mengisi borang 1
  2. Membuat LTM
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## Minggu 2

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**Materi** CL: Focus Group 2 untuk topik 1

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**Media**

- 1.LCD
2. Laptop

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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Mahasiswa mengumpulkan LTM
  2. Diskusi kelompok FG 2
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### Minggu 3

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**Materi** CL: HG untuk topik 1

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**Media**

1. LCD
2. Laptop

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**Referensi**

Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri

Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex

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Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.

Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri

Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia

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- Aktivitas**
1. Diskusi kelompok Home Group
  2. Diskusi pembuatan makalah kelompok
  4. Menyusun makalah kelompok hasil hom group
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### Minggu 4

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**Materi** Presentasi dan pemantapan materi topik 1

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**Media**

1. LCD
2. Laptop

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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Presetasi kelompok
  2. Diskusi
  3. Pemberian materi oleh pakar
  4. Tanya jawab
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## Minggu 5

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**Materi** Topik 2: Aplikasi konsep stres, coping dan adaptasi  
CL: focus group 1

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- Media**
1. LCD
  2. Laptop
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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Mengisi borang 2
  2. Diskusi
  3. pencarian literatur
  4. Membuat lembar tugas mandiri
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## Minggu 6

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**Materi** CL: focus group 2 tentang topik 2

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**Media**

1. LCD
2. Laptop

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**Referensi**

Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri

Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex

Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.

Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.

Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri

Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia

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Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

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- Aktivitas**
1. Diskusi LTM
  2. Menyusun tugas kelompok
  3. Diskusi pembuatan makalah
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## Minggu 7

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**Materi** CL: Home group topik 2

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**Media**

1. LCD
2. Laptop

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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
- Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri
- Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia
- Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.
- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Diskusi makalah
  2. Menyusun makalah
  3. Membuat presentasi
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## Minggu 8

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**Materi** Presentasi dan pemantapan topik 2

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- Media**
1. LCD
  2. Laptop
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- Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri
- Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex
- Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.
- Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.
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- Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.
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- Aktivitas**
1. Presentasi mahasiswa
  2. Diskusi
  3. Pemantapan dari narasumber
  4. Tanya jawab
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## Minggu 9

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**Materi** Penyusunan studi kasus melalui pendekatan penelitian  
- tema, introduction, permasalahan

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- Media**
1. Buku referensi
  2. Journal
  3. LCD
  4. Laptop
  5. Kasus
- 

**Referensi**

Arnold, E.C & Boggs, K.U. (2016). *Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition)*. Elsevier : Missouri

Boyd, C & Dare, J. (2014). *Communication Skills for Nurses*. Wiley Blackwell : West Sussex

Keliat, etl. (2011). *Community Mental Health Nursing ; Basic Course (2ndEdition)*. EGC : Jakarta.

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Nies, M.A.& McEwen, M. (2007). *Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion)* .Mosby: Missouri

Rankin, S.H. & Stallings, K.D. (2001). *Patient education: Principles & practice(4th Edition)*. Lippincott Williams & Wilkins : Philadelphia

Stuart, G. W. (2013). *Principles and practice of psychiatric nursing. (10th Edition)*.St Louis: Mosby.

Townsend, C.M. (2010). *Essentials of psychiatric mental health nursing. (8th Edition.)*. Philadelphia: F.A. Davis Company.

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- Aktivitas**
1. Mahasiswa memilih kasus
  2. Mahasiswa mencari bukti dan fakta
  3. menyusun tema studi kasus
  4. menyusun latar belakang yang mendasari kasus
  5. menyusun rumusan masalah
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## Minggu 10

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**Materi** penyusunan studi kasus melalui pendekatan penelitian: Literature review

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<b>Media</b>	<ol style="list-style-type: none"> <li>1. Buku referensi</li> <li>2. Journal</li> <li>3. LCD</li> <li>4. Laptop</li> <li>5. Kasus</li> </ol>
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<b>Referensi</b>	<p>Arnold, E.C &amp; Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri</p> <p>Boyd, C &amp; Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex</p> <p>Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.</p> <p>Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.</p> <p>Nies, M.A.&amp; McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri</p> <p>Rankin, S.H. &amp; Stallings, K.D. (2001). Patient education: Principles &amp;practice(4th Edition). Lippincott Williams &amp; Wilkins : Philadelphia</p> <p>Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.</p> <p>Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.</p>
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<b>Aktivitas</b>	<ol style="list-style-type: none"> <li>1. Mahasiswa melanjutkan dari pertemuan ke 9</li> <li>2. menyusun studi kepustakaan berdasarkan kasus</li> </ol>
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## Minggu 11

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<b>Materi</b>	Analisa studi kasus dan pembahasan sesuai dengan referensi jurnal nasional dan jurnal internasional
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<b>Media</b>	<ol style="list-style-type: none"> <li>1. Kasus</li> <li>2. LCD</li> <li>3. Laptop</li> </ol>
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**Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri  
 Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex  
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 Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia  
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 Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Menyusun pembahasan sesuai dengan literature review dan hasil analisa kasus
  2. Menyusun dalam bentuk makalah

## Minggu 12

**Materi** Simpulan dan saran dari kasus

- Media**
1. Kasus
  2. LCD
  3. Laptop

**Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri  
 Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex  
 Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.  
 Keliat, etl. (2011). Community Mental Health Nursing ; Intermediet Course (2nd Edition). EGC : Jakarta.  
 Nies, M.A.& McEwen, M. (2007).Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion) .Mosby: Missouri  
 Rankin, S.H. & Stallings, K.D. (2001). Patient education: Principles &practice(4th Edition). Lippincott Williams & Wilkins : Philadelphia  
 Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.  
 Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Menyusun simpulan dari hasil dan pembahasan
  2. Membuat saran yang lebih aplikatif dan operasional
  3. membuat makalah
  4. membuat presentasi
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## Minggu 13

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**Materi** Presentasi studi kasus

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**Media**

1. LCD
2. Laptop

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**Referensi**

Arnold, E.C & Boggs, K.U. (2016). *Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition)*. Elsevier : Missouri

Boyd, C & Dare, J. (2014). *Communication Skills for Nurses*. Wiley Blackwell : West Sussex

Keliat, etl. (2011). *Community Mental Health Nursing ; Basic Course (2ndEdition)*. EGC : Jakarta.

Keliat, etl. (2011). *Community Mental Health Nursing ; Intermediet Course (2nd Edition)*. EGC : Jakarta.

Nies, M.A.& McEwen, M. (2007). *Community/ Public Health Nursing: Promoting The Health of Populations (6thEdtion)* .Mosby: Missouri

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Stuart, G. W. (2013). *Principles and practice of psychiatric nursing. (10th Edition)*.St Louis: Mosby.

Townsend, C.M. (2010). *Essentials of psychiatric mental health nursing. (8th Edition.)*. Philadelphia: F.A. Davis Company.

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**Aktivitas**

1. Presetasi makalah
2. Diskusi

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## Minggu 14

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**Materi** Presetasi studi kasus

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**Media**

1. LCD
2. Laptop

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**Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri  
 Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex  
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 Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.  
 Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Presentasi makalah
  2. Diskusi

## Minggu 15

**Materi** Evaluasi mata ajar

**Media** formulir evaluasi mata ajar

**Referensi** Arnold, E.C & Boggs, K.U. (2016). Interpersonal Relationship : Professional Communication Skills for Nurses (7th Edition). Elsevier : Missouri  
 Boyd, C & Dare, J. (2014). Communication Skills for Nurses. Wiley Blackwell : West Sussex  
 Keliat, etl. (2011). Community Mental Health Nursing ; Basic Course (2ndEdition). EGC : Jakarta.  
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 Stuart, G. W. (2013). Principles and practice of psychiatric nursing. (10th Edition).St Louis: Mosby.  
 Townsend, C.M. (2010). Essentials of psychiatric mental health nursing. (8th Edition.). Philadelphia: F.A. Davis Company.

- Aktivitas**
1. Penyampaian hasil evaluasi mata ajar
  2. Diskusi
  3. Penyelesaian masalah