



# Satuan Acara Pengajaran

KKO82203 - Promosi Kesehatan

Pengajar

*Prof. Dr. Budi Anna Keliat S.Kp., M.AppSc*

*Dra. Junaiti Sahar S.Kp., M.App.Sc., Ph.D*

*Dr. Sigit Mulyono S.Kp., M.N*

## Minggu 1

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**Materi** Pengantar promosi kesehatan(review)

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**Media** Scele, Power point, White board

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**Referensi**

1. Ayers, M., Bruno, A>A dan Langford, R.W. (1999) Community-Based Nursing Care, St. Louis: Mosby, Ch.5.
2. Eldemen, C L.and Mandle C L.(2006 ) Health Promotion throughout the Life Span, St Louis: Mosby
3. Bracht, N (ed) (1999) Health Promotion at the Community level 2, Thousand Oaks, London: Sage Publications

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**Aktivitas** Searching  
Internet,  
Diskusi dan penulisan hasil dsikusi  
-PBD

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## Minggu 2

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**Materi** Teori dan Model Promosi Kesehatan

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**Media** Scele, white Board, PPT,

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<b>Referensi</b>	<ol style="list-style-type: none"> <li>1. Ayers, M., Bruno, A&gt;A dan Langford, R.W. (1999) Community-Based Nursing Care, St. Louis: Mosby, Ch.5.</li> <li>2. Eldemen, C L.and Mandle C L.(2006 ) Health Promotion throughout the Life Span, St Louis: Mosby</li> <li>3. Nies Mary A and McEwen M. (2007). Community/Public Health Nursing Promoting The Health of Populations (4ed).</li> </ol>
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<b>Aktivitas</b>	PBC PBD
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### Minggu 3

<b>Materi</b>	Lanjutan Teori dan Model Promosi Kesehatan
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<b>Media</b>	Scele, PPT, white board
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<b>Referensi</b>	<ol style="list-style-type: none"> <li>1. Ayers, M., Bruno, A&gt;A dan Langford, R.W. (1999) Community-Based Nursing Care, St. Louis: Mosby, Ch.5.</li> <li>2. Eldemen, C L.and Mandle C L.(2006 ) Health Promotion throughout the Life Span, St Louis: Mosby</li> <li>3. Nies Mary A and McEwen M. (2007). Community/Public Health Nursing Promoting The Health of Populations (4ed).</li> </ol>
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<b>Aktivitas</b>	Presentasi Ceramah Diskusi
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### Minggu 4

<b>Materi</b>	Konseptual model dalam perencanaan promosi kesehatan
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<b>Media</b>	Scele,PPT, Video proyektor
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- Referensi**
1. Wills, Jane, & Sons (20014) Fundamentals of health promotion for nurses (2ed).Wiley Blackwell.
  2. Salazar, Laura Francisca, Crosby, Richard A., DiClemente, Ralph J. (2015) Research methods in health promotion (2ed). ossey-Bass: San Francisco
  3. Gullotta Thomas P.& Bloom Martin (2014) Encyclopedia of Primary Prevention and Health Promotion, Child & Family Agency of Southeastern Connecticut (2ed) New London, CT, USA
  4. FERTMAN CARL I. & ALLENSWORTH DIANE D (2010) . HEALTH PROMOTION PROGRAMS San Francisco; Jossey-Bass A Wiley
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**Aktivitas** PBC/PBD/  
Tutorial

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## Minggu 5

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**Materi** Promosi kesehatan dalam berbagai masalah prioritas kesehatan

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**Media** PPT  
video Projektor  
Multimedia

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- Referensi**
1. Wills, Jane, & Sons (20014) Fundamentals of health promotion for nurses (2ed).Wiley Blackwell.
  2. Salazar, Laura Francisca, Crosby, Richard A., DiClemente, Ralph J. (2015) Research methods in health promotion (2ed). ossey-Bass: San Francisco
  3. Gullotta Thomas P.& Bloom Martin (2014) Encyclopedia of Primary Prevention and Health Promotion, Child & Family Agency of Southeastern Connecticut (2ed) New London, CT, USA
  4. FERTMAN CARL I. & ALLENSWORTH DIANE D (2010) . HEALTH PROMOTION PROGRAMS San Francisco; Jossey-Bass A Wiley
  5. Adam Roar (2011). Planning in Health Promotion work. Roughtledge USA
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**Aktivitas** Presentasi  
Diskusi  
Ceramah

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## Minggu 6

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**Materi** Promosi Kesehatan dalam berbagai area (sekolah, tempat kerja)

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**Media** PPT  
Scele  
multimedia

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- Referensi**
1. Wills, Jane, & Sons (20014) Fundamentals of health promotion for nurses (2ed).Wiley Blackwell.
  2. Salazar, Laura Francisca, Crosby, Richard A., DiClemente, Ralph J. (2015) Research methods in health promotion (2ed). ossey-Bass: San Francisco
  3. Gullotta Thomas P.& Bloom Martin (2014) Encyclopedia of Primary Prevention and Health Promotion, Child & Family Agency of Southeastern Connecticut (2ed) New London, CT, USA
  4. FERTMAN CARL I. & ALLENSWORTH DIANE D (2010) . HEALTH PROMOTION PROGRAMS San Francisco; Jossey-Bass A Wiley
  5. Adam Roar (2011). Planning in Health Promotion work. Roughtledge USA
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**Aktivitas** PBC/PBD  
Tutorial

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## Minggu 7

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**Materi** Promosi Kesehatan dalam berbagai masalah prioritas kesehatan

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**Media** PPt  
multimedia  
White Board

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- Referensi**
1. Adam Roar (2011). Planning in Health Promotion work. Roughtledge USA
  2. Ayers, M., Bruno, A>A dan Langford, R.W. (1999) Community-Based Nursing Care, St. Louis: Mosby, Ch.5.
  3. Eldemen, C L.and Mandle C L.(2006 ) Health Promotion throughout the Life Span, St Louis: Mosby
  4. Bracht, N (ed) (1999) Health Promotion at the Community level 2, Thousand Oaks, London: Sage Publications
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**Aktivitas** PBC/PBD  
Tutorial

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## Minggu 8

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<b>Materi</b>	UTS
<b>Media</b>	Kertas HVS Pena
<b>Referensi</b>	<ol style="list-style-type: none"> <li>1. Wills, Jane, &amp; Sons (20014) Fundamentals of health promotion for nurses (2ed).Wiley Blackwell.</li> <li>2. Salazar, Laura Francisca, Crosby, Richard A., DiClemente, Ralph J. (2015) Research methods in health promotion (2ed). ossey-Bass: San Francisco</li> <li>3. Gullotta Thomas P.&amp; Bloom Martin (2014) Encyclopedia of Primary Prevention and Health Promotion, Child &amp; Family Agency of Southeastern Connecticut (2ed) New London, CT, USA</li> <li>4. FERTMAN CARL I. &amp; ALLENSWORTH DIANE D (2010) . HEALTH PROMOTION PROGRAMS San Francisco; Jossey-Bass A Wiley</li> <li>5. Adam Roar (2011). Planning in Health Promotion work. Roughtledge USA</li> <li>6. Ayers, M., Bruno, A&gt;A dan Langford, R.W. (1999) Community-Based Nursing Care, St. Louis: Mosby, Ch.5.</li> <li>7. Eldemen, C L.and Mandle C L.(2006 ) Health Promotion throughout the Life Span, St Louis: Mosby</li> <li>8. Bracht, N (ed) (1999) Health Promotion at the Community level 2, Thousand Oaks, London: Sage Publications</li> <li>9. Nies Mary A and McEwen M. (2007). Community/Public Health Nursing Promoting The Health of Populations (4ed).</li> </ol>
<b>Aktivitas</b>	Open book exam Essay

## Minggu 9

<b>Materi</b>	Promosi Kesehatan dalam berbagai kelompok rentan
<b>Media</b>	Scele Multimedia PPT

<b>Referensi</b>	<ol style="list-style-type: none"> <li>1. Adam Roar (2011). Planning in Health Promotion work. Roughtledge USA</li> <li>2. Ayers, M., Bruno, A&gt;A dan Langford, R.W. (1999) Community-Based Nursing Care, St. Louis: Mosby, Ch.5.</li> <li>3 Eldemen, C L.and Mandle C L.(2006 ) Health Promotion throughout the Life Span, St Louis: Mosby</li> </ol>
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<b>Aktivitas</b>	PBC PBD Tutoria
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## Minggu 10

<b>Materi</b>	Konseptual model dalam perencanaan promosi kesehatan
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<b>Media</b>	Scele PPT Multimedia
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<b>Referensi</b>	<ol style="list-style-type: none"> <li>1. Adam Roar (2011). Planning in Health Promotion work. Roughtledge USA</li> <li>2. Ayers, M., Bruno, A&gt;A dan Langford, R.W. (1999) Community-Based Nursing Care, St. Louis: Mosby, Ch.5.</li> </ol>
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<b>Aktivitas</b>	PBC PBD Tutorial
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## Minggu 11

<b>Materi</b>	Intervensi/Tindakan keperawatan untuk pencegahan dan promosi kesehatan
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<b>Media</b>	Scele PPT Multimedia
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<b>Referensi</b>	<ol style="list-style-type: none"> <li>1. Pender, N. J., Murdaugh, CL. Dan Parsons, M.A. (20002) Health Promotion in Nursing Practice, 4th.ed, Upper Saddle River, NJ: Prentice Hall.</li> <li>2. Stanhope, M. dan Lancaster, J (1998) Community Health Nursing: Process and Practice for promoting Health , St. louis: The CV. Mosby Company</li> <li>3. Wass, A. (1995) Promoting Health: The Primary Health Care Approach, Toronto: W:B. Sanders.</li> </ol>
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**Aktivitas** PBC/PBD  
Tutorial

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## Minggu 12

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**Materi** Keterampilan dalam promosi kesehatan

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**Media** PPT  
Scele  
Multimedia  
Panflet  
Leaflet  
banner

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**Referensi**

1. Bracht, N (ed) (1999) Health Promotion at the Community level 2, Thousand Oaks, London: Sage Publications
2. Nies Mary A and McEwen M. (2007). Community/Public Health Nursing Promoting The Health of Populations (4ed).
3. Hawe, P., Degeling, D. dan Hall, j. (1999) Evaluating Health Promotion, Sydney; McLennan and Petty.
4. O? Connor-Fleming, M.L. dan Parker, E.(2001) Health Promotion, 2nd .Ed. NSW: Allen & Unwin
5. Pender, N. J., Murdaugh, CL. Dan Parsons, M.A. (20002) Health Promotion in Nursing Practice, 4th.ed, Upper Saddle River, NJ: Prentice Hall.

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**Aktivitas** Tutorial  
PBD  
PBC

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## Minggu 13

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**Materi** Kebijakan dan program promosi kesehatan nasional

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**Media** PPT  
Multimedia

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- Referensi**
1. Hawe, P., Degeling, D. dan Hall, j. (1999) Evaluating Health Promotion, Sydney; McLennan and Petty.
  2. O? Connor-Fleming, M.L. dan Parker, E.(2001) Health Promotion, 2nd .Ed. NSW: Allen & Unwin
  3. Pender, N. J., Murdaugh, CL. Dan Parsons, M.A. (20002) Health Promotion in Nursing Practice, 4th.ed, Upper Saddle River, NJ: Prentice Hall.
  4. Stanhope, M. dan Lancaster, J (1998) Community Health Nursing: Process and Practice for promoting Health , St. louis: The CV. Mosby Company
  5. Wass, A. (1995) Promoting Health: The Primary Health Care Approach, Toronto: W:B. Sanders.
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**Aktivitas** PBC  
PBD

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## Minggu 14

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**Materi** Evaluasi efektifitas program promosi kesehatan

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**Media** PPT  
Multimedia  
Scele

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**Referensi** Hawe, P., Degeling, D. dan Hall, j. (1999) Evaluating Health Promotion, Sydney; McLennan and Petty.

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**Aktivitas** Tutorial  
PBD  
PBC  
Presentasi

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## Minggu 15

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**Materi** Riset dalam promosi kesehatan

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**Media** PPT  
scele

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**Referensi** Crosby, R., DiClemente, R., dan Salazar, L., J Research Methods in Health Promotion, San Francisco: Lawrence W. Green

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**Aktivitas** PBD  
PBC  
Tutorial

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## Minggu 16

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**Materi** UAS

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**Media** Kertas HVS  
Pena

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- Referensi**
1. Bracht, N (ed) (1999) Health Promotion at the Community level 2, Thousand Oaks, London: Sage Publications
  2. Nies Mary A and McEwen M. (2007). Community/Public Health Nursing Promoting The Health of Populations (4ed).
  3. Hawe, P., Degeling, D. dan Hall, j. (1999) Evaluating Health Promotion, Sydney; McLennan and Petty.
  4. O' Connor-Fleming, M.L. dan Parker, E.(2001) Health Promotion, 2nd .Ed. NSW: Allen & Unwin
  - 5 Pender, N. J., Murdaugh, CL. Dan Parsons, M.A. (20002) Health Promotion in Nursing Practice, 4th.ed, Upper Saddle River, NJ: Prentice Hall.
  6. Stanhope, M. dan Lancaster, J (1998) Community Health Nursing: Process and Practice for promoting Health , St. louis: The CV. Mosby Company
  7. Wass, A. (1995) Promoting Health: The Primary Health Care Approach, Toronto: W:B. Sanders.
  8. 15. Crosby, R., DiClemente, R., dan Salazar, L., J Research Methods in Health Promotion, San Francisco: Lawrence W. Green
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**Aktivitas** Ujian Open Book

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