



# Satuan Acara Pengajaran

KKJ81205 - Aplikasi Keperawatan Klinik Jiwa I

Pengajar

*Dr. Mustikasari S.Kp., MARS.*

*Dr. Novy Helena Catharina Daulima S.Kp., M.Sc.*

## Tujuan Perkuliahan

Setelah menyelesaikan kegiatan pembelajaran, mahasiswa mampu mengembangkan model praktik keperawatan jiwa dengan menerapkan konsep dan prinsip manajemen asuhan keperawatan jiwa pada tatanan kesehatan /keperawatan yang dipilih (rumah sakit umum, rumas sakit jiwa, atau komunitas) dengan pendekatan penyelesaian masalah yang memberikan perubahan yang berguna dalam rangka meningkatkan pelayanan keperawatan khususnya keperawatan jiwa(C6, A4, P4)

## Minggu 1

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**Materi** 1. Rentang respons gangguan jiwa 2. Penatalaksanaan kasus gangguan jiwa 3. Terapi individu 4. Terapi keluarga 5. Terapi kelompok/ komunitas 6. Aspek etik dan legal dalam terapi keluarga, kelompok dan komunitas 7. Konsep dasar pengkajian keperawatan 8. Framework pengkajian keperawatan jiwa (holistik dan komprehensif) 9. Pengkajian holistik keperawatan jiwa (scanning) 10. Implementasi pengkajian jiwa lanjut dan perangkatnya (instrument, panduan, dokumentasi) 11. Masalah dan fenomena keperawatan jiwa 12. Prinsip dan langkah-langkah penyelesaian masalah secara komprehensif, melalui pengembangan pendidikan dan penelitian

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**Media** 1. LCD 2.Laptop 3. Buku Pedoman diagnosa, TAK, dll 4. Buku Referensi

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**Referensi** Allender, J.A. & Spradley, B.W. (2001) Community health nursing: concept and practice. 5th ed. Philadelphia: Lippincott. American Psychological Association. (2010). Publication manual of the American psychological association. (6th ed). Washington, DC: Author. Andrews, G., & Henderson, S. (2000). Unmet in psychiatry: problems, resources, responses. Cambridge: University Press Arnold, E.C. & Boggs, K.U. (2007). Interpersonal relationships: professional communication skills for nurses. St. Louis: Saunders Elsevier Bloch, S. (2006). An introduction to the psychotherapies. Oxford: University Press Bowlby, J. (1997). Attachment and loss. ( 1st volume). London: Pimlico Boyd, M.A., Nihart, M.A. (1998). Psychiatric nursing: contemporary practice. Philadelphia: Lippincott. Corrigan, P.W., Mueser, K.T., Bond., Drake, R.E., & Solomom, P. (2008). Principles and practice of psychiatric rehabilitation: An empirical approach. New York London. Ervin, N.E. (2002) Advanced community health nursing practice. New Jersey: Pearson Education. Fontaine, K.L. (2009). Mental health nursing. (6th edition). New Jersey: Pearson Prentice Hall Frisch, N.C. and Frisch, L.E. (2006) Psychiatric mental health nursing. 3rd ed. Australia: Thomson Delmar Learning. Hasil riset magister keperawatan jiwa FIK UI, tahun 2007, 2008, 2009 Hasil workshop spesialis keperawatan jiwa 2009 Hitchcock, J.E., Schubert, P.E. & Thomas, S.A. (1999) Community health nursing: caring in action. Washington: Delmar Publisher. International Journal of Mental Health Nursing (Wiley-Blackwell), tahun 2006-2010. Jakopac, K.A., & Patel, S.C. (2009). Psychiatric mental health: Case studies and care plans. Boston: Jones and Bartlett Publishers. Journal of Psychiatric and Mental Health Nursing (Wiley-Blackwell), tahun 2006-2010. Journal of Psychosocial Nursing and Mental Health Services (Slack Incorporated), tahun 2009-2010. Kazantzis, N., Reinecke, M.A., & Freeman, A. (2010). Cognitive and behavioral theories in clinical practice. New York: The Guilford Press Marieb, E.N. (1998) Human anatomy and physiology. (4th ed.). California: Addison Wesley Longman, Inc. Mash, E.J., & Barkley, R.A. (2007). Assessment of childhood disorder. New York: The Gulford Press Reed, P.G. & Shearer, N.B.C. (2009). Perspective on nursing theory. (5th ed). Philadelphia: Lippincott. Stuart, G,W. (2009). Interactive software virtual clinical excursions: pacific view regional hospital. St. Louis: Mosby Elsevier Stuart, G.W. (2009). Principles and practice of psychiatric nursing. (9th ed). St. Louis: Mosby Elsevier Townsend, M.C. (2009). Psychiatric mental health nursing. (6th ed). Philadelphia: F.A. Davis Company Varcarolis, E.M. & Halter, M.J. (2010). Foundations of psychiatric mental health nursing: a clinical approach. (6th ed). St. Louis: Saunders Elsevier Videbeck, S.I. (2001). Psychiatric mental health nursing. Philadelphia: Lippincott. Watkins, J. (2008). Hearing voices: a common human experience. South Yarra: Michelle Anderson Publishing PTY LTD Williams, C. (2003). Overcoming anxiety: a five areas approach. London: Hodder Arnold

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**Aktivitas** 1. Menyusun kontrak kerja 2. Simulasi peran askep dan mankep 3. Ujian Pre Klinik 4. Praktik klinik di lapangan (Unit Umum/Unit Jiwa/Komunitas)

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## Minggu 2

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**Materi**

1. Rentang respons gangguan jiwa 2. Penatalaksanaan kasus gangguan jiwa 3. Terapi individu 4. Terapi keluarga 5. Terapi kelompok/ komunitas 6. Aspek etik dan legal dalam terapi keluarga, kelompok dan komunitas 7. Konsep dasar pengkajian keperawatan 8. Framework pengkajian keperawatan jiwa (holistik dan komprehensif) 9. Pengkajian holistik keperawatan jiwa (scanning) 10. Implementasi pengkajian jiwa lanjut dan perangkatnya (instrument, panduan, dokumentasi) 11. Masalah dan fenomena keperawatan jiwa 12. Prinsip dan langkah-langkah penyelesaian masalah secara komprehensif, melalui pengembangan pendidikan dan penelitian

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**Media**

1. Format-format pendokumentasian aspek dan mankep 2. Alat dan media yang digunakan untuk stimulasi perkembangan 3. Buku kerja 4. Buku panduan 5. Formulir isian

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- Referensi**
- Allender, J.A. & Spradley, B.W. (2001) Community health nursing: concept and practice. 5th ed. Philadelphia: Lippincott. American Psychological Association. (2010). Publication manual of the American psychological association. (6th ed). Washington, DC: Author. Andrews, G., & Henderson, S. (2000). Unmet in psychiatry: problems, resources, responses. Cambridge: University Press Arnold, E.C. & Boggs, K.U. (2007). Interpersonal relationships: professional communication skills for nurses. St. Louis: Saunders Elsevier Bloch, S. (2006). An introduction to the psychotherapies. Oxford: University Press Bowlby, J. (1997). Attachment and loss. ( 1st volume). London: Pimlico Boyd, M.A., Nihart, M.A. (1998). Psychiatric nursing: contemporary practice. Philadelphia: Lippincott. Corrigan, P.W., Mueser, K.T., Bond., Drake, R.E., & Solomom, P. (2008). Principles and practice of psychiatric rehabilitation: An empirical approach. New York London. Ervin, N.E. (2002) Advanced community health nursing practice. New Jersey: Pearson Education. Fontaine, K.L. (2009). Mental health nursing. (6th edition). New Jersey: Pearson Prentice Hall Frisch, N.C. and Frisch, L.E. (2006) Psychiatric mental health nursing. 3rd ed. Australia: Thomson Delmar Learning. Hasil riset magister keperawatan jiwa FIK UI, tahun 2007, 2008, 2009 Hasil workshop spesialis keperawatan jiwa 2009 Hitchcock, J.E., Schubert, P.E. & Thomas, S.A. (1999) Community health nursing: caring in action. Washington: Delmar Publisher. International Journal of Mental Health Nursing (Wiley-Blackwell), tahun 2006-2010. Jakopac, K.A., & Patel, S.C. (2009). Psychiatric mental health: Case studies and care plans. Boston: Jones and Bartlett Publishers. Journal of Psychiatric and Mental Health Nursing (Wiley-Blackwell), tahun 2006-2010. Journal of Psychosocial Nursing and Mental Health Services (Slack Incorporated), tahun 2009-2010. Kazantzis, N., Reinecke, M.A., & Freeman, A. (2010). Cognitive and behavioral theories in clinical practice. New York: The Guilford Press Marieb, E.N. (1998) Human anatomy and physiology. (4th ed.). California: Addison Wesley Longman, Inc. Mash, E.J., & Barkley, R.A. (2007). Assessment of childhood disorder. New York: The Gulford Press Reed, P.G. & Shearer, N.B.C. (2009). Perspective on nursing theory. (5th ed). Philadelphia: Lippincott. Stuart, G,W. (2009). Interactive software virtual clinical excursions: pacific view regional hospital. St. Louis: Mosby Elsevier Stuart, G.W. (2009). Principles and practice of psychiatric nursing. (9th ed). St. Louis: Mosby Elsevier Townsend, M.C. (2009). Psychiatric mental health nursing. (6th ed). Philadelphia: F.A. Davis Company Varcarolis, E.M. & Halter, M.J. (2010). Foundations of psychiatric mental health nursing: a clinical approach. (6th ed). St. Louis: Saunders Elsevier Videbeck, S.I. (2001). Psychiatric mental health nursing. Philadelphia: Lippincott. Watkins, J. (2008). Hearing voices: a common human experience. South Yarra: Michelle Anderson Publishing PTY LTD Williams, C. (2003). Overcoming anxiety: a five areas approach. London: Hodder Arnold

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**Aktivitas**      Praktik klinik di lapangan (unit umum/unit jiwa/komunitas)

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**Media** 1. Format untuk dokumentasi aspek dan mankep 2. Buku kerja 3. Buku pedoman 4. Alat dan media stimulasi perkembangan 5. Formulir isian

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**Media** 1. Format berkaitan dokumentasi aspek dan manker 2. Alat dan media stimulasi tumbuh kembang 3. Format penilaian 4. buku kerja 5. buku pedoman

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- Referensi**
- Allender, J.A. & Spradley, B.W. (2001) Community health nursing: concept and practice. 5th ed. Philadelphia: Lippincott. American Psychological Association. (2010). Publication manual of the American psychological association. (6th ed). Washington, DC: Author. Andrews, G., & Henderson, S. (2000). Unmet in psychiatry: problems, resources, responses. Cambridge: University Press Arnold, E.C. & Boggs, K.U. (2007). Interpersonal relationships: professional communication skills for nurses. St. Louis: Saunders Elsevier Bloch, S. (2006). An introduction to the psychotherapies. Oxford: University Press Bowlby, J. (1997). Attachment and loss. ( 1st volume). London: Pimlico Boyd, M.A., Nihart, M.A. (1998). Psychiatric nursing: contemporary practice. Philadelphia: Lippincott. Corrigan, P.W., Mueser, K.T., Bond., Drake, R.E., & Solomom, P. (2008). Principles and practice of psychiatric rehabilitation: An empirical approach. New York London. Ervin, N.E. (2002) Advanced community health nursing practice. New Jersey: Pearson Education. Fontaine, K.L. (2009). Mental health nursing. (6th edition). New Jersey: Pearson Prentice Hall Frisch, N.C. and Frisch, L.E. (2006) Psychiatric mental health nursing. 3rd ed. Australia: Thomson Delmar Learning. Hasil riset magister keperawatan jiwa FIK UI, tahun 2007, 2008, 2009 Hasil workshop spesialis keperawatan jiwa 2009 Hitchcock, J.E., Schubert, P.E. & Thomas, S.A. (1999) Community health nursing: caring in action. Washington: Delmar Publisher. International Journal of Mental Health Nursing (Wiley-Blackwell), tahun 2006-2010. Jakopac, K.A., & Patel, S.C. (2009). Psychiatric mental health: Case studies and care plans. Boston: Jones and Bartlett Publishers. Journal of Psychiatric and Mental Health Nursing (Wiley-Blackwell), tahun 2006-2010. Journal of Psychosocial Nursing and Mental Health Services (Slack Incorporated), tahun 2009-2010. Kazantzis, N., Reinecke, M.A., & Freeman, A. (2010). Cognitive and behavioral theories in clinical practice. New York: The Guilford Press Marieb, E.N. (1998) Human anatomy and physiology. (4th ed.). California: Addison Wesley Longman, Inc. Mash, E.J., & Barkley, R.A. (2007). Assessment of childhood disorder. New York: The Gulford Press Reed, P.G. & Shearer, N.B.C. (2009). Perspective on nursing theory. (5th ed). Philadelphia: Lippincott. Stuart, G,W. (2009). Interactive software virtual clinical excursions: pacific view regional hospital. St. Louis: Mosby Elsevier Stuart, G.W. (2009). Principles and practice of psychiatric nursing. (9th ed). St. Louis: Mosby Elsevier Townsend, M.C. (2009). Psychiatric mental health nursing. (6th ed). Philadelphia: F.A. Davis Company Varcarolis, E.M. & Halter, M.J. (2010). Foundations of psychiatric mental health nursing: a clinical approach. (6th ed). St. Louis: Saunders Elsevier Videbeck, S.I. (2001). Psychiatric mental health nursing. Philadelphia: Lippincott. Watkins, J. (2008). Hearing voices: a common human experience. South Yarra: Michelle Anderson Publishing PTY LTD Williams, C. (2003). Overcoming anxiety: a five areas approach. London: Hodder Arnold

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**Aktivitas**      Praktik di lapangan (unit umum/unit jiwa/komunitas)

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**Media** 1. Format untuk dokumentasi aspek dan mankep 2. Alat dan media simulasi perkembangan 3. buku kerja 4. buku pedoman 5. Formulir penilaian

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**Aktivitas** 1. Praktik klinik dilapangan (unit umum/unit jiwa/komunitas)

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